



Speaking with your physician

About your generalized Myasthenia Gravis (gMG) symptoms

Use this guide to speak with your doctor about your current gMG.

Tell Your Doctor

In the last 12 months:

- Number of exacerbations you have had _____
- Number of times you have stayed overnight in the hospital due to your gMG _____
- Number of times you have visited the emergency room due to your gMG _____

- Symptoms you have experienced related to your gMG

- Trouble with your eyes
- Difficulty sleeping
- Becoming tired easily
- Difficulty breathing or shortness of breath
- Difficulty chewing, swallowing, or speaking
- Frustration and/or depression
- Weakness in arms or legs

- How your gMG has impacted your social, family, or work-related activities

Ask Your Doctor

What is the antibody status of my gMG?

According to MGFA clinical classification, what stage is my gMG?

What treatment options may be available for me?

MGFA, Myasthenia Gravis Foundation of America.

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